# Hands On Reflection

Spiritual Works of Mercy

Counsel the doubtful…Instruct the ignorant…Admonish the sinner
Comfort the sorrowful…Forgive injuries…Bear wrongs patiently
Pray for the living and the dead.

Name of Candidate _____

**Choose one of the above Spiritual Works of Mercy and describe how you help someone.**

What I did

_____

_____

When I did it and the time it took

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_____

What I learned

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(Must be handed in after service is complete.)