

## ***SAINTS AND HEROES PROJECT***

This is a **requirement** in your Confirmation preparation. You will be writing **three** essays. Each essay should be at least 5 to 6 paragraphs long.

### **“SAINT, SPONSOR (HERO), AND YOU” ARE DUE MONDAY, MONDAY, NOVEMBER 7, 2011**

- A. The first essay will concern the saint whose name you have chosen as **your Confirmation name**. Please address these questions as you write your essay.
- 1) Why did you choose this saint?
  - 2) What traits did this saint possess that you would like to strive for? (Concern for people, helped the poor, loved God, etc.)
- B. The second essay will describe the person you have chosen as **your Confirmation sponsor**. Please address these questions as you write your essay.
- 1) Why did you choose this person?
  - 2) What positive traits does this person have that you would like to strive for?
  - 3) What spiritual traits (like kindness, honesty, compassion) does this person have that you would like to strive for?
- C. The third essay will describe how **you** can try to be more like **"your saint" and your sponsor**. Please address these questions as you write your essay.
- 1) What is your plan to grow spiritually to be more like your saint?
  - 2) What is your plan to grow spiritually to be more like your sponsor?

Some helpful ideas to get you started:

## ***SAINTS***

Our Church community has always given us models who have lived up to the requirements of being a Christian. These "saints" are models for living life as true followers of Jesus. When choosing your Confirmation name, you should choose the name of a recognized saint of the Catholic Church. Your choice should be based on some knowledge of the life of the person you choose.

- Encyclopedia articles are often "dry and boring" and do little to give you a true picture of a "real live person". For that reason, we suggest that you try to obtain a full biography of the saint you choose. Often, such stories are filled with interesting incidents from the life of the person. In your report, try to include at least one of these incidents that helps us to see your saint as a real-life person.
- Biographies of many saints are available in the Office of Religious Education (for both school and School of Religion students). Some biographies are also available in the library in the Church and at the public library. Videos about saints are also available from the School of Religion Office or from the Church library.

- Your description of your saint should include some information about the character traits and virtues of that person that you truly admire. (It might be their concern for the poor, or the constant care for the sick.)

The following websites can provide you with additional information

<http://www.catholic.org/saints/>

## **SPONSOR**

Choosing a sponsor is an important part of the process of preparing for Confirmation. The person you choose should be someone you admire as a **true follower of Jesus**. They should also be someone who is living as a follower of Jesus.

- In your second essay, describe who your sponsor is. You might want to talk about the first time you met your sponsor or a time that your sponsor did something that really made a positive impression on you.
- Describe what character traits your sponsor has that make him or her a "special person" for you.
- Describe how your sponsor follows the church teachings.
- Explain briefly why you chose that person to be your sponsor.

## **YOU**

The focus of the third essay should be YOU. We are asking that you describe how you can be more like your sponsor or the saint whose name you have chosen.

- You might list a special quality, virtue, or trait of the person, explain why you admire that trait, and then explain how you can imitate that trait in your life TODAY.
- For example: Saint Martin was a person who cared for the poor and the hungry. I think that by doing this he was following Jesus' command to love others as we love ourselves. One way that I can imitate St. Martin is by helping to provide food for the Thanksgiving food drive in the parish.
- You could follow the same pattern in discussing several traits of your sponsor that you hope to imitate.