

## **Choosing a Confirmation Name**

It is traditional to choose a saint's name for the Sacrament of Confirmation. In today's Church, one may choose a new name or may choose to be confirmed in the name given to him or her at baptism.

## **Choosing a Confirmation Sponsor**

Candidates, you are asked to think about what qualities you admire in the person you choose as your sponsor. Will you be able to turn to this person for advice and encouragement as you continue to grow in your Catholic faith, even after Confirmation? The person you choose may be a relative, or a friend of the family. The person you choose should be available to you for advice, encouragement and assistance. Explain to your sponsor why you chose them and explain the Confirmation process to them. Your sponsor must attend the meeting with you and your parents.

### ***Requirements***

All candidates for the Sacrament of Confirmation are required to have a sponsor. There are special criteria, which allow someone to qualify as a sponsor. The following rules apply to Confirmation sponsors.

1. The sponsor must be at least 16 years of age and mature enough to guide and aid the candidate in fulfilling his/her Baptismal promises
2. The sponsor must be Confirmed in the Catholic faith.
3. The sponsor must live a life in harmony with the Catholic faith.
4. It is desirable that the sponsor be a Godparent from Baptism although this is not necessary.

Parents and/or guardians may not serve as their child's own sponsor. However, if the sponsor is not able to attend the Sacrament of Confirmation, a parent may present their candidate to the Bishop.

## My Confirmation Name

Name of Candidate \_\_\_\_\_

Parent Signature \_\_\_\_\_

*"I have called you by name. You are mine," says the Lord.*

It is traditional to choose a saint's name for the Sacrament of Confirmation. In today's Church, one may choose a new name or may choose to be confirmed in the name given to him or her at baptism. You are asked to state the name you will use at Confirmation and you are requested to give the reason for choosing the saint as your Confirmation patron.

I have chosen \_\_\_\_\_ as my Confirmation name.

I have chosen this name because \_\_\_\_\_

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## My Confirmation Sponsor

According to the Apostolic Constitution on the Sacrament of Confirmation, sponsors have three special duties to perform: 1) sponsors bring candidates to receive the sacrament, 2) present them to the minister for anointing, and 3) help them fulfill their baptismal promises. The sponsor, as a representative of the Church, tries to make the candidate feel welcome and important to the community.

In this project, you are asked to fill out some basic information regarding the sponsor you have chosen.

Name of Confirmation Sponsor \_\_\_\_\_

Relationship to Candidate \_\_\_\_\_

Parish of Confirmation Sponsor \_\_\_\_\_

Is the sponsor a baptized and confirmed Catholic and at least 16 years old? \_\_\_\_\_

It is desirable that the sponsor be a Godparent from Baptism although this is not necessary.

Why did you choose this particular person to be your sponsor? \_\_\_\_\_

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**Please return this form on Tuesday, October 1, 2019  
at the Parent/Sponsor/Candidate Meeting**